

Confessions

I know that I have the ability to achieve MY purpose in life. Therefore, I demand of myself persistent action towards its attainment. And I promise MYSELF that I will take the necessary actions.

I realize that the dominating thoughts of my mind will eventually produce physical action and gradually transform into physical reality. Therefore, daily I will imagine my goals being achieved. I intentionally set aside time each day to this. For I realize that each time I imagine my goal, I renew my mind to that reality.

I will begin by concentrating 10 minutes daily, reviewing my goals and imagining my goals. I will create a clear mental picture of myself accomplishing each goal.

In this very moment I am Smart, Bold, and Confident enough to achieve my goals.

I love myself and I have been marked by God to be a success.

I live in the present moment and my past does not dictate my future.

I am a loving, positive, wise, humble person who possess a high sense of integrity.

All of my needs and desires are met and I am always able to give on every occasion. I am a giver.